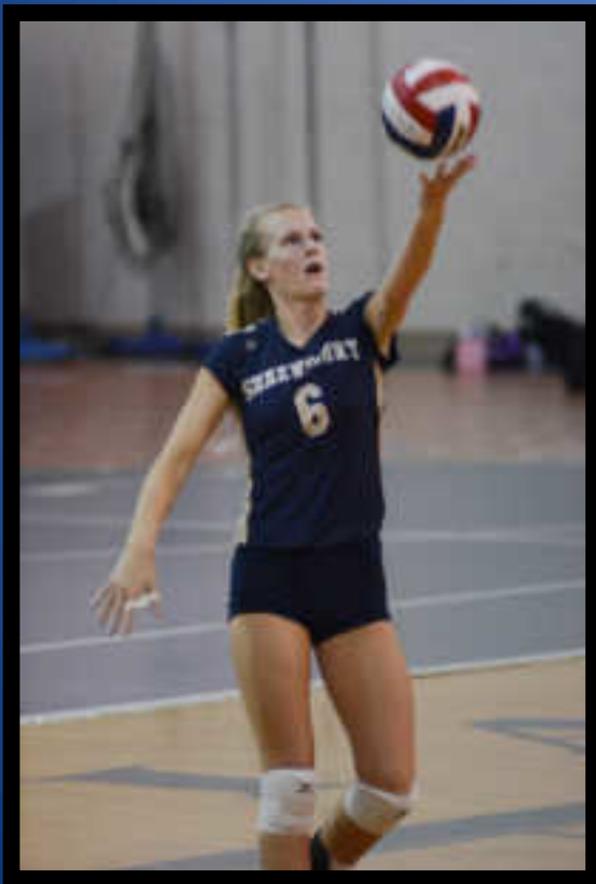


Shrewsbury High School **Athletics Report**

2016



Go Colonials!!!



Purpose of Interscholastic Athletics

Continued development of essential skills

- Collaboration/teamwork
- Communication
- Critical thinking
- Work ethic
- Leadership
- Commitment

Program Highlights

- Shrewsbury High School
 - 31 sports
 - 60 teams
 - 427 student athletes per season (avg)
 - 700 contests

Unified Sports

- Definition of Unified Sports
- Track
 - Started in partnership with Yawkey Foundation and Massachusetts Special Olympics
 - 25 student athletes
- Basketball
 - Started as grassroots community effort
 - 100% Community funded
 - 17 Student athletes

Oak Middle School

- **B/G Cross Country**
 - **Approximately 150 students**
- **B/G Basketball**
 - **Average 15 per team**
- **Coaching Staff**

SHS Athletic Offerings and Participation

Fall 2015

Boys

Football (100)
Soccer (40)
Golf-Coed (18)
Cross Country (46)
Crew (46)

Girls

Cheerleading (34)
Soccer (39)
Golf-Coed (1)
Cross Country (36)
Crew (42)
Field Hockey (38)
Volleyball (43)

Total Fall Athletes: 483

- Increase of 6 students from 2014-15*

Sports Offerings and Participation Winter 2015-16

Boys

Basketball (37)

Indoor Track (81)

Ice Hockey (42)

Swimming (15)

Alpine Ski (6)

Girls

Basketball (29)

Indoor Track (72)

Ice Hockey (21)

Swimming (16)

Alpine Ski (10)

Gymnastics (15)

Cheerleading (34)

Total Winter Athletes: 378

- Increase of 30 students from 2014-15*

Sports Offerings and Participation Spring 2016

Boys

Baseball (33)

Outdoor Track (86)

Lacrosse (42)

Tennis (10)

Crew (47)

Girls

Softball (32)

Outdoor Track (76)

Lacrosse (38)

Tennis (16)

Crew (41)

Total Spring Athletes: 421

- Decrease of 9 students from 2014-15*

Student-Athlete Success 2015-16

League/Conference All-Stars

60 (2 MVPs)

Telegram & Gazette All-Stars

19

Central Massachusetts All-Stars

14

All-State Team

1

All- New England Team

1

SHS Colonial Award 2015-16

Outstanding Senior Athletes



Adam Twitchell
2015-2016
Outstanding Male
Senior Athlete
Ice Hockey, Baseball



Brianne Moss
2015-2016
Outstanding Female
Senior Athlete
X-Country, Indoor Track,
Outdoor Track



Championship Teams 2015-2016

Fall

Boys' X-Country Midland-Wachusett League "A" Champions
Cheerleading Midland-Wachusett League "A" Champions, Regional Champions

Winter

Girls' Ice Hockey CMASS/GEMIHL League Champions
Gymnastics Midland-Wachusett League "A" Champions
Cheerleading Midland-Wachusett League "A" Champions
Boys' Ice Hockey Auburn Tournament Champions, Coughlin Conference Champions

Spring

Girls' Tennis District Finalists
Baseball Midland-Wachusett League "A" Runner-up, District Finalist
John Ahearn Memorial Tournament Champions
Boys and Girls Crew Mahoney Cup Champions

Class of 2016 Collegiate Participants

- National Letter of Intent (NLI)
- 7 members (2 male and 5 female) of Class of 2016 signed an NLI. The student-athletes signed NLIs in the following sports: cross country, football, track and field, golf, lacrosse, and soccer.
- Additionally, 15 student-athletes from the Class of 2016 reported that they would participate in NCAA athletics for the 2016-2017 school year.

Shrewsbury Colonials Support Groups

- Shrewsbury High School Boosters Association
- Friends of Shrewsbury Crew



Shrewsbury Colonials Support Groups

- *Athletic Sponsorships*

*\$20,000 MVP Level Sponsor – Central One
Federal Credit Union*



Athletics Operations Budget FY 15-16

- ***Appropriated Budget-*** School Department appropriated \$219,831 in FY 15-16
- ***Athletic Fee Accounts-*** \$309,883 collected for the 2015-2016 school year.
- ***Gate Receipts-*** \$43,940 collected for the 2015-2016 school year (Football, Soccer, Indoor Track, Basketball and Ice Hockey)

Student Leadership

- MIAA Student Ambassador Program
- MIAA Sportsmanship Summit
- SHS Leadership Academy
- SHS Captains Summit
- Athletic Internships



Athletic Medical Services

- SHS Athletic Department has been working with All-Access Physical Therapy to provide athletic training services to all SHS athletes.
- SHS Athletic Trainer- Walter Hildebrand- Certified Athletic Trainer. Walter is available in the Athletic Training Office each day after school starting at 2pm or at all home contests.
- Dr. Lee Mancini MD, CSCS, CSN- UMASS Memorial Hospital Sport Medicine
 - Board Certified Sport Medicine Physician
 - Certified Strength & Conditioning Specialist
 - Certified Sports Nutritionist

Dr. Mancini is available in the athletic training office once a week at 2:30pm.

...Future Considerations

- *Move Athletic Trainer to Fulltime*-Add the athletic trainer as a SPS full time employee to help ensure continuity of service and communication to student-athletes, families and school's health office. Ensure quality control in the management of complex state and federal reporting mandates. MIAA is looking to mandate this for 2017-18.
- *Expand High School and Middle School Programs*- Consider adding more opportunities for freshmen athletes and middle school athletes.
- *New Uniforms*- Work on developing a regular refurbish or replacement schedule for school uniforms.
- *Improvement to Athletic Facilities*- Partner with booster and community groups, local businesses, and alumni in order to raise \$1 million towards the renovation and improvement of the athletics infrastructure at Shrewsbury High School.



Thank You!

Go Colonials!!!

